



Castle Rock Chamber of Commerce
By: *Sharolyn Kenney*

Are you a Team Player and How's your Attitude

The weekend of October 11th & 12th was the retreat for the Leadership Douglas County program. The retreat took place at the Inverness Hotel and Golf Club where the participants enjoyed good food, a good atmosphere and great information. BreakThroughs, Inc. facilitated the day and half retreat where different exercises were used to enhance their team building skills.

Friday morning started off with an introduction of BreakThroughs and their goals for the weekend. The program began with exercises in Building High Performance Teams, Problem Solving Simulation and an outdoor team building exercise. Saturday was a half day program on BreakThroughs in Attitudes. Saturday's session focused on how our attitudes keep us productive in our personal life and in the work environment. The retreat was successful in bringing together the class participants as a functioning team.

The retreat was not all about serious learning, but also about fun. The class had fun with different exercises such as the Sub-Antarctic survival test, outdoor exercise and the comedy night at Fiore's Restaurant featuring Comedy Works. The weekend was tiring, educational and above all fun for the class.

BreakThroughs, Inc. once again facilitated a successful weekend for the Leadership Douglas County program. A big THANK YOU goes to them for their time and commitment to Leadership Douglas County. BreakThroughs, Inc. will be facilitating BreakThroughs in Attitudes on Friday, November 15th as a fundraiser for the Leadership Douglas County program. For more information to be a participant please call the Castle Rock Chamber of Commerce at 303-688-4597 and if you are interested in learning more about BreakThroughs, Inc. dynamic programs call 303-814-8100.